



Swabhimaan

(2016-2020)

Multi-sector integrated programme through women collectives (promoted by Aajeevika) to improve girls and women's nutrition in Bihar, Chhattisgarh and Odisha

GEOGRAPHICAL COVERAGE: 4 Districts (Purnea, Koraput, Angul and Bastar) • 5 NRLM Resource Blocks • 231 Village Organizations
356 Revenue Villages • 4,175 Self Help Groups • 125,097 households • 628,622 population



Components of Swabhimaan Programme

Strengthening coverage and quality of services of Village Health, Nutrition and Sanitation Day (led by Department of Health)

Monthly

- ☞ Identification of women and children at risk of undernutrition in VHND by ANM
- ☞ Initiating services for newly-wed women in VHND which was missed earlier

Quarterly

- ☞ Trainings of health service providers (ANM)
- ☞ Convergence review meetings at district level and block level

Annual

- ☞ Orientation of service providers PDS, ICDS, PHED to ensure communities receive entitled services

Community-based activities (led by SRLM)

VILLAGE ORGANISATION-LED

Social action committee

- ☞ Selection of Poshan Sakhi (1 per VO)*
- * Else Community Resource Person provided a top-up fund
- Optional: Formation of adolescent girls' clubs by Poshan Sakhi and their fortnightly meetings

Poshan Sakhi/CRP

- ☞ Dashasutra Poshan microplanning (12 days over 2 months) by Poshan Sakhi
- ☞ Monthly maitri bethak of women (open to non-members) by Poshan Sakhi using Participatory Learning and Action
- ☞ One additional monthly home visit/group meeting of at-nutrition risk women

VRP

- ☞ Village Resource Person (VRP) monthly maitri kishan bethak on nutrition-sensitive agriculture Participatory Learning and Action
- ☞ VRP to support home-based Poshan beds/backyard poultry

SHG

- ☞ All SHG members to mobilize family members for VHND services
- ☞ SHG members to wash their hands before their weekly meeting starts

CLF-LED/GPLF-LED

Monthly

- ☞ Families with women and children at risk of undernutrition linked to Agri-poultry linkage and social protection schemes
- ☞ CLF to give loans for secondary education
- ☞ Making Farmer field school sites (Community Krishi Vidhyan Kendra)

Quarterly

- ☞ Trainings of Poshan Sakhi and VRP

Biannual

- ☞ Newly-wed couple meets
- ☞ Entitlement camps and check-ups for women (members of SHGs)

Annual

- ☞ Stock taking of the Poshan microplan